





Date	Post Copy	Link	Visual	Targeting
Monday 3/3	The 1st of its kind, the Nesika Illahee housing complex translates to “Our Place” in the Chinook language. It will provide housing for tribal members who have lived in Portland for generations. @ctsihr @NARANW	http://bit.ly/2v0y0FV	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, parents (all)
Tuesday 3/3	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD
Wednesday 3/4	March is Colorectal Cancer Awareness Month. #DYK: Everyone over the age of 50 should be screened for colorectal cancer (45 for African Americans). Talk to your doctor about getting screened today.	http://thecanceryoucanprevent.org/		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, inclusion and equity, Oregon
Friday 3/6	Congrats to Cesar Chavez K-8 School in North Portland for winning an @americanwalks Community Change Grant! This funding will support the @saferoutesPNW program and projects to create safer access to their school. 🏠🚶🚌	http://bit.ly/2viwA9Q		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, inclusion and equity, Oregon

Sunday 3/8	This #InternationalWomensDay, raise awareness against bias and take action for equality. #IWD2020	NA		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, physical activity, wellness, women's health, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
Tuesday 3/10	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD
Wednesday 3/11	Updated food and beverage labels include added sugars, more realistic serving sizes and simplified math. This new requirement helps people better understand how healthy (or unhealthy) their food is. 🍌 #NationalNutritionMonth	https://rwjf.ws/2UKUkhw	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, rural area, Oregon
Friday 3/13	An insightful interview with this @nytimes Pulitzer prize winning reporter who grew up in Yamhill, Oregon. He and his wife have written a book exploring issues that make escaping poverty impossible for many, along with some intriguing policy solutions.	http://bit.ly/3c4LvFg	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, farmer's market, Fred Meyer, parents (all), Oregon
Monday 3/16	These language classes are helping the Grand Ronde tribe -- once terminated by the federal government -- reclaim their identity and culture.	http://bit.ly/3a5jt1b	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment,

				community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, farmer's market, Fred Meyer, parents (all), Oregon
Tuesday 2/17	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD
Wednesday 3/19	Today marks the #SpringEquinox! More daylight means there's more time to spend outdoors. What activity are you looking forward to? 🌻🌺 #placemattersOR	NA		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, anti-tobacco, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development, farmer's market, Fred Meyer, parents (all), Oregon,
Friday 3/20	Launched by two Grant High School alums, this new radio station is uniting a community spread thin by gentrification. At the top of every hour, they run messages from organizations that connect people with health care and home ownership resources. @PortlandMonthly @TheNumberz	http://bit.ly/2utOx5i	NA	Sex: M-F Age: 18-55 Location: Portland, Oregon Interests: public health, community service, empowerment, community issues, activism, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
Monday 3/23	NEW: @CDC's Active Communities Tool has a planning guide to help improve your community for #physicalactivity. Check out #TheCommunityGuide here 👉	http://bit.ly/39p484L	NA	Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, activism, social movement, health and

				wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
Tuesday 3/24	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD
Friday 3/27	Do all children have the same access to good schools, fresh food, parks and safe housing? This map shows inequities in communities across the country -- what does your neighborhood look like? 🌲👤📋	http://bit.ly/329GHtF		Sex: M-F Age: 18-55 Location: Portland, Oregon Interests: public health, community service, empowerment, community issues, activism, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
Monday 3/30	In honor of National #TakeAWalkInTheParkDay we're shouting out @harpersplayground -- a first of its kind, fully-inclusive playground at Arbor Lodge Park in Portland. Here, play develops vital skills and is available to people of all abilities. #placemattersor	http://bit.ly/2V1DAm3		Sex: M-F Age: 18-55 Location: Oregon Interests: public health, community service, empowerment, community issues, activism, social movement, health and wellness, motivation, urban area, activism, inclusion, urban planning, Portland Oregon, equal opportunity, community development
Tuesday 3/31	HOLD for JTC share	TBD	TBD	Sex: M-F Age: 18-55 Location: Oregon Interests: TBD