




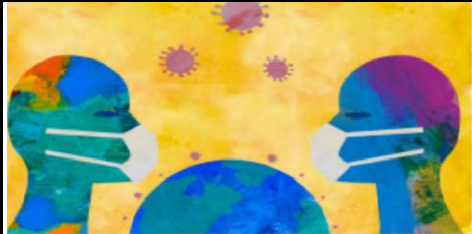





Date	Post Copy	Link	Visual	Targeting
Monday 3/1	It's Developmental Disability Awareness Month! Hear stories from disability history by signing up for OHSU's weekly newsletter, Disability Justice Snapshot.	http://bit.ly/2ZHJSbE		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Tuesday 3/2	Colorectal cancer is the 2nd most deadly form of cancer, but it doesn't have to be. Men and women need to get screened starting at age 45, even if they have no family history of the disease. Ask your doctor about the best way to get screened and learn more here. @TheCancerYouCanPrevent	http://bit.ly/2Z0EJv0		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Thursday 3/4	Discrimination and violence drove many Black farmers from their land. Read about one man's organic farm and how to bring more equity to agriculture.	http://nyti.ms/3cUwrNu	 Two Biden Priorities, Climate and Inequality, Meet on Black-Owned Farms The administration has pledged to make agriculture a cornerstone of its plan to fight warming, but also to tackle a legacy of...	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Tuesday 3/9	Good news from Joseph, Oregon! The Nez Perce Tribe has purchased their ancestral village site more than a century after being pushed out of the area. "Our culture and way of life is tied to the land," said Nakia Williamson-Cloud, cultural resource program director for the Nez Perce Tribe. @OPB	http://bit.ly/37kV4PA	 Nez Perce Tribe reclaims 148 acres of ancestral land in Eastern Oregon The farmland purchase reclaims an ancestral village site known as "the place of boulders," or Am'sáaxpa, in the Eastern Oregon town of...	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*

Thursday 3/11	There are startlingly few children's books that feature Black kids in nature. Children's book critic Michelle Martin says, "If it's not portrayed as a possibility, then it makes it harder for you to see yourself doing that." Here are some of her favorite books. 📖🌳	http://bit.ly/2Z18o7I	 <p>Our Favorite Books that Feature Black Kids in the Outdoors Researchers have identified an alarming lack of books about Black children in nature. Diversifying your bookshelf can help kids find...</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Tuesday 3/16	Read five perspectives on shaping a healthier, more equitable future based on what we've learned from the pandemic. @RobertWoodJohnsonFoundation	http://rwjf.ws/2NgomrQ	 <p>Five Experts Reflect on the Health Equity Implications of the Pandemic As the novel coronavirus swept the globe, structural racism drove its disproportionate impact on communities of color in our nation....</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Thursday 3/18	With many kids still attending school from home, how do we help them get 60 minutes of physical activity a day? Listen to this podcast, featuring Sam Balto, a Portland PE teacher and advocate for active transportation, for ideas. 🎧🚲	http://bit.ly/3jCUPo5		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Tuesday 3/23	Coronavirus is devastating American Indian communities and the death of Tribal Elders has caused a cultural crisis in our indigenous communities. Read more here.	http://nyti.ms/3bEmP97		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*

Thursday 3/25	Affinity hiking groups aim to create sisterhoods for Black women "on the trails, on waterways and in our local communities across the globe." Read more here. 🏔️	http://n.pr/3jYw7im	 <p>Black Women's Groups Find Health And Healing On Hikes, But Sometimes Racism, Too A Black sisterhood of hikers in Colorado now has chapters across the U.S. and Canada, and includes other sports. "Being around nature, it's..."</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Tuesday 3/30	How does the world inspire you? Take this quiz to see how the rest of the world may shape what you do and how you think. The results might surprise you. 🌍 @RobertWoodJohnsonFoundation	http://rwjf.ws/3rC603d	 <p>Take the Blue Marble Quiz Are you a global learner? Take our brief quiz in order to reflect on your own thoughts of learning from abroad.</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*

***PMO General Audience:**

New parents, parents (all), education and libraries, activism, American Diabetes Association, anti-racism, arthritis awareness, CDC Tobacco Free, CDC, community development, community service, disability rights movement, empowerment, equal opportunity, gender equality, Fred Meyer, health promotion, healthy habits, healthy life, motivation, non-profit organization, Oregon, Portland Oregon, public health, racial equity, social equality, social movement, tobacco, urban area, urban planning, walking, workplace healthy promotion, workplace wellness, fitness and wellness, beer, wine, cooking