

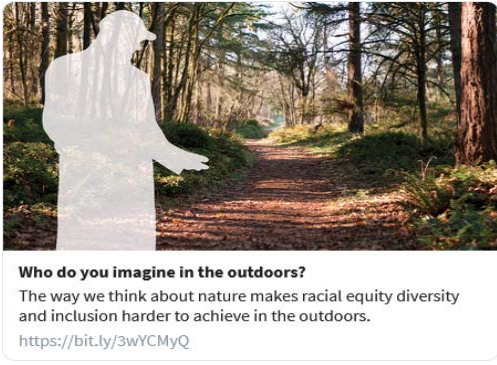








Date	Post Copy	Link	Visual	Targeting
Thursday 7/1	Your opinion matters! Please fill out this 10-minute survey about @Disability.Rights.Oregon, whose work lifts barriers and makes it possible for thousands of Oregonians with disabilities to contribute to their workplaces, schools and communities. What's the next big challenge you'd like them to take on?	https://bit.ly/2TxLox7		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Thursday 7/1	¡Su opinión importa! Llene esta encuesta que le tomará 10 minutos sobre la organización @Disability.Rights.Oregon, cuyo trabajo ayuda a eliminar barreras y hacer posible que miles de personas con discapacidades que viven en Oregon se integren a los lugares de trabajo, escuelas y comunidades. ¿Cuál es el próximo gran desafío que le gustaría que emprendieran?	https://bit.ly/2SyUGsL		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience* Targeting Spanish-speaking audience
Tuesday 7/6	Nature often creates very real barriers to access, but more often these barriers are constructed by us. Take a look at this thought-provoking article that explores our assumptions about getting outdoors. 🌲	https://bit.ly/3wYCMYQ	 <p>Who do you imagine in the outdoors? The way we think about nature makes racial equity diversity and inclusion harder to achieve in the outdoors. https://bit.ly/3wYCMYQ</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Thursday 7/8	A powerful opinion piece about how our food system fuels nutrition insecurity. Food manufacturers market ultra-processed junk food to make their products are cheap and available wherever we shop - perpetuating disparities in who can eat healthfully.	https://bit.ly/2TlqUC9	 <p>Now is the time to strengthen America's nutrition infrastructure The latest stimulus package has been critical, but America's nutrition infrastructure needs further shoring up.</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*

<p>Tuesday 7/13</p>	<p>Check out this read-aloud video for young learners from @LearningforJustice. This original story explores prejudice toward Asian Americans in an easy-to-understand children's story, and how to speak up instead of being a bystander.</p>	<p>https://bit.ly/3x0pp0C</p>	 <p>Min Jee's Lunch by Elizabeth Kleinrock</p> <p>“Min Jee’s Lunch” A Read-aloud Video for Young Learners “Min Jee’s Lunch” is a Learning for Justice original children’s story written by author, educator and LFJ awardee Elizabeth Kleinrock. In...</p>	<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
<p>Thursday 7/15</p>	<p>Watch this recorded livestream from Sisters, OR with @agefriendlysisters and @AARPOregon about age-friendly communities. Hear about their efforts to become a place where people of all ages and abilities can thrive. 🏠👥</p>	<p>https://bit.ly/3uSQG3B</p>		<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
<p>Tuesday 7/20</p>	<p>Summer is the season to learn about the history of public swimming and how it has impacted racial, gender and social issues for over a century. Watch this fascinating, under-the-surface view of racism, sexism and social upheaval in America. @HumanAccessProject</p>	<p>https://bit.ly/3iGx9Rb</p>		<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
<p>Thursday 7/22</p>	<p>Congratulations to Susy Molano, Executive Director, Oregon Health Care Interpreters Association for winning the national @RWJF Award for Health Equity! Her work at @shrinershospital.portland offers training to interpreters so all patients have access to quality healthcare communication. 🏆</p>	<p>https://rwjf.ws/2SdA9d9</p>	 <p>RWJF Award for Health Equity This award program honors community leaders who are changing systems and policies to improve opportunities for all.</p>	<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>

Tuesday 7/27	Parents want to imagine a future where all families can thrive but are concerned about how inequities can limit opportunity for their children. Check out this study to hear more. @RWJF	https://rwjf.ws/34OxRDT	 <p>Meeting Parents and Caregivers at Their Aspirations Research explores the aspirations and challenges of diverse parents and caregivers as they raise kids today.</p>	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Thursday 7/29	PMO Disabilitites blog post	Link to PMO blog	Image from PMO blog	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
Thursday 7/29	PMO Disabilitites blog post - Spanish	Link to PMO blog - Spanish	Image from PMO blog	Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience* Targeting Spanish-speaking audience

***PMO General Audience:**

New parents, parents (all), education and libraries, activism, American Diabetes Association, anti-racism, arthritis awareness, CDC Tobacco Free, CDC, community development, community service, disability rights movement, empowerment, equal opportunity, gender equality, Fred Meyer, health promotion, healthy habits, healthy life, motivation, non-profit organization, Oregon, Portland Oregon, public health, racial equity, social equality, social movement, tobacco, urban area, urban planning, walking, workplace healthy promotion, workplace wellness, fitness and wellness, beer, wine, cooking