

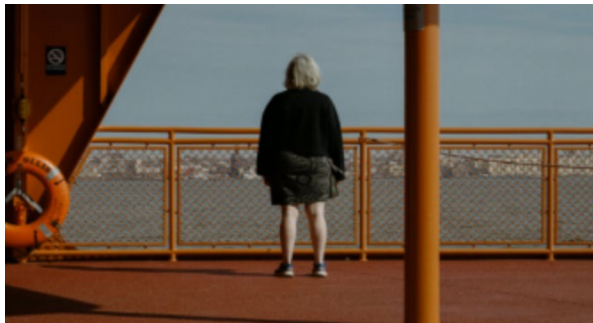






Date	Post Copy	Link	Visual	Targeting
6/2/2022	Happy Pride Month! June is a time to celebrate LGBTQIA+ accomplishments, history and equal rights. Visit the Pride Northwest website to learn more about this year's festival in Portland and how you can support local organizations here in Oregon. ❤️👤👤👤👤👤👤👤	<a href="https://bit.ly/39YB2yL">https://bit.ly/39YB2yL</a>		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
6/2/2022	¡Feliz Mes del Orgullo! Junio es el momento de celebrar los logros, la historia y la igualdad de derechos del colectivo LGBTQIA+. Visita la página web de Pride Northwest para saber más sobre el festival de este año en Portland y cómo puedes apoyar a las organizaciones locales aquí en Oregon. ❤️👤👤👤👤👤👤👤	<a href="https://bit.ly/39YB2yL">https://bit.ly/39YB2yL</a>		Sex: M - F Age: 18-55 Location: Oregon Interests: Target Spanish speaking audience
6/7/2022	Oregon Department of Transportation is asking for feedback from people living with disabilities about transportation accessibility issues. Click the link to take the survey - if you need assistance contact Ask ODOT at 1-888-275-6368.	<a href="https://bit.ly/3kZCYZU">https://bit.ly/3kZCYZU</a>		Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*

6/9/2022	<p>Eulalona is the new name for a popular park in Klamath Falls. Named for a Native American village that sat near the park site, this spot is a fun summer outing for people of all abilities. 🌳🎡🐕</p>	<p><a href="https://bit.ly/3P3i0Y3">https://bit.ly/3P3i0Y3</a></p>	 <p><b>Southern Oregon park renamed to honor Native American village</b> City councilors in Klamath Falls have voted unanimously to rename Kit Carson Park as Eulalona Park.</p>	<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
6/14/2022	<p>We have a powerful force for enhancing health and well-being in our relationships. When you have a chance, check out this article to learn more about some surprising solutions to loneliness.</p>	<p><a href="https://nyti.ms/3KTul8t">https://nyti.ms/3KTul8t</a></p>	 <p><b>How Loneliness Is Damaging Our Health</b> Even before the pandemic, there was an “epidemic of loneliness,” and it was affecting physical health and life expectancy.</p>	<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
6/16/2022	<p>Join Juneteenth Oregon this Saturday and Sunday for the 50th year of celebration in Portland which commemorate the emancipation of African Americans in Texas in 1865. Read more about the parade, festivities, Black-owned vendors in attendance and more. 🎪🎨</p>	<p><a href="https://bit.ly/3vOX93a">https://bit.ly/3vOX93a</a></p>		<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>

6/21/2022	<p>Portland Bureau Of Transportation and Kaiser Permanente are bringing Portland Sunday Parkways back for its 15th anniversary! Bike, walk and roll in the traffic-free streets of the Cully neighborhood on June 26. 🚲🚶🚗🚲🚶🚗</p>	<p><a href="https://bit.ly/3MVRqy3">https://bit.ly/3MVRqy3</a></p>		<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
6/23/2022	<p>Some hospitals are supporting people to be healthy by using food as medicine to manage and prevent chronic diseases. Read here about how health systems are addressing nutrition as an essential part of health. 🍲🥗</p>	<p><a href="https://bit.ly/3yufvlo">https://bit.ly/3yufvlo</a></p>		<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>
6/28/2022	<p>Could this happen in a community near you? Read how Eugene is transforming an old property into a new gathering area for a neighborhood. 🌳🏡♂️🏠</p>	<p><a href="https://bit.ly/3L5DfFD">https://bit.ly/3L5DfFD</a></p>	 <p><b>Eugene turns an old golf course into a neighborhood park</b> The City of Eugene recently acquired new parkland on the northeast edge of town at the intersection of Delta and Ayres Roads. It's in a...</p>	<p>Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*</p>

				Sex: M - F Age: 18-55 Location: Oregon Interests: PMO General Audience*
6/30/2022	PMO alcohol blog	Link to PMO blog	Image from PMO blog	
				Sex: M - F Age: 18-55 Location: Oregon Interests: Target Spanish speaking audience
6/30/2022	PMO Spanish alcohol blog	Link to PMO (Spanish)	Image from PMO blog in Spanish	

**\*PMO General Audience:**

Interests: Public health, Beer, Empowerment, Nonprofit organization, Walking, Social movement, Healthy Habits, Wine, Motivation, Activism, Centers for Disease Control and Prevention, Oregon, Fitness and wellness, Tobacco, Urban planning, Portland, Oregon, Fred Meyer, Cooking or Healthy Life, Industry: Education and Libraries, Parents: Parents (All), New Parents (0-12 months), Parents with toddlers (01-02 years) , Parents with preschoolers (03-05 years) , Parents with early school-age children (06-08 years) , Parents with teenagers (13-17 years), Parents with adult children (18-26 years) or Parents with preteens (09-12 years), Physical exercise