

CALL FOR IDEAS

Get in the Game: READ

2016 Teen CSLP Manual
Theme: Health/Wellness/Fitness

Deadline for Submissions: October 31, 2014

Below are ideas related to the 2016 theme including suggestions from the Spring CSLP Annual Meeting. All these ideas need to be fleshed out with suggested resources, reproducibles, scripts, formats and more. Please expand on these ideas as well as contribute your own original ones. Any and all ideas are welcome!

Please send by **October 31, 2014** to:

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Possible Chapter Topics & Suggestions

All Things Olympic

- History of the Olympics toga party
- Summer Olympics in Rio de Janeiro, Brazil
- Opening Games party
- Playground Olympics
- Chocolate Olympics
- Library Olympics
- Special Olympics
- Paralympics
- Marathon storytelling
- "Go for the Gold" book display

Gaming (plugged & unplugged)

- Video games
- Strategy games
- Mind games
- Board games
- Retro games
- Clue murder mystery night
- "Books for Video Gamers" book display
- Oversized group games (Jenga, Pick Up Sticks)
- Retro game crafting
- Coder Dojo
- Tournaments (Scrabble, Monopoly, Connect 4)

- Trivia Tuesdays
- Movies based on video games (Wreck-It Ralph)
- Minute to Win It
- "I Spy" displays
- Minecraft
- Wii Dance

The Game of Life

- Volunteerism
- Community involvement
- Career planning
- SAT prep
- Gaming industry careers
- "Choose Your Own Adventure" with QR codes
- Amazing "Book" Race (read around the world)
- "Life is not a spectator sport" book display with how-to & DIY books

Sports Fanatic (sports & exercise)

- Fitness Friday classes
- Black light group fitness
- CrossFit demo
- Game Day foods cooking class
- Teen led sports clinic for younger children

- Paper football
- Bracketed reading challenge
- March Madness/Reading Madness
- Battle of the Books
- Set reading goals and fitness goals for the summer
- Sports movies
- Zumba
- Ballroom dance instruction
- Sports heroes book display
- Library circuit training/Library CrossFit
- Support Your Team craft day (dress in team colors)

Mind & Body Wellness

- Smoothie making class
- Healthy ingredient Iron Chef
- Food Fear Factor: Healthy Edition
- Local farm visit/Eat Local
- Relaxation Yoga
- Self defense classes
- Anger management classes
- Journaling
- Poetry Slam
- Writing workshop
- 4H
- Healthy cooking class