

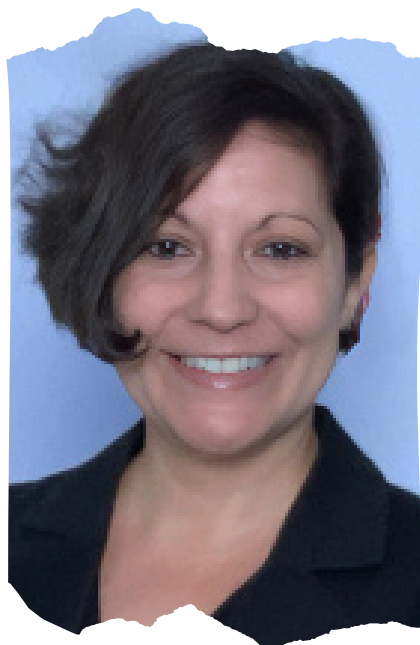
# RESILIENCE IN PRACTICE

## EMOTIONAL INTELLIGENCE AND CULTURAL VALUES FOR OREGON LIBRARIES

Virtual workshop by Dr. Michele A. L. Villagran

**SATURDAY, AUGUST 16 | 10:30–11:30 AM**

**ZOOM: [CLICK TO JOIN](#)**  
**MEETING ID: 874 9591 8256**  
**PASSCODE: 729457**



Dr. Michele A. L. Villagran, Associate Professor,  
School of Information San José State University;  
and CEO and founder, CulturalCo, LLC

Oregon library staff face rising emotional demands—from budget cuts to increased interactions with vulnerable populations—leading to burnout. This program invites library workers to explore how emotional intelligence can build resilience, self-awareness, and a renewed sense of purpose. Participants will reflect on the cultural values shaping their work and

leave with practical tools for emotional strength and culturally responsive practice. This **FREE workshop for library workers** is brought to you by the REFORMA | Oregon Chapter and division of the Oregon Library Association. Funding provided through the State Library of Oregon LSTA grant.

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