

# CARES Northwest presents:



## *A Clinical Response to Child Abuse*

October 4, 2016  
8:30am–4:30pm



Protecting children, healing lives.

Kaiser Permanente  
OHSU Doernbecher Children's Hospital  
Providence Health & Services  
Randall Children's Hospital at Legacy Emanuel

**Legacy Emanuel Medical Center  
Lorenzen Center Auditorium  
Portland, Oregon**

## Training Schedule

8:00 – 8:30	<b>Registration</b>
8:30 – 10:00	<p><b>The Impact of Trauma on Children</b>  <i>(Dr. Cathleen Lang, Child Abuse Pediatrician, CARES Northwest, Jennifer Wheeler, Child Interviewer, CARES Northwest)</i></p> <p>This topic will review the effects of trauma on children and review both the short-term and long-term effects of trauma on physical health, mental health, and behavior.</p>
10:00 – 10:15	<b>Break – light refreshments provided</b>
10:15 – 12:00	<p><b>Interviewing Children who have Experienced Trauma</b>  <i>(Jennifer Wheeler, Child Interviewer, CARES Northwest, Rachel Petke, Child Interviewer, CARES Northwest)</i></p> <p>This topic will address how to talk to children about traumatic experiences in the field as well as in the forensic interview. Cases will be used to illustrate trauma effects and best practices in interviewing.</p>
12:00 – 1:00	<b>LUNCH ON YOUR OWN</b>
1:00 – 2:15	<p><b>Evidence-based Trauma Treatment Interventions</b>  <i>(Kim Jacobowitz, Lead Therapist, CARES Northwest TF-CBT Program)</i></p> <p>Proven (evidence-based) trauma treatment interventions exist. There are several treatment models that have shown to be effective in treating traumatized children. These treatments can also improve parents' mental health outcomes as well. This presentation will provide an overview of a few of these models, with a specific focus on those treatments currently offered at CARES Northwest - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Alternatives For Families: A Cognitive-Behavioral Therapy (AF-CBT).</p>
2:15 – 2:30	<b>Break – light refreshments provided</b>
2:30 – 4:30	<p><b>Trauma Exposure and Self Care</b>  <i>(Pam Crow, Therapist, CARES Northwest Family Support Team)</i></p> <p>This topic will define trauma exposure, what it looks like in those affected, how it impacts their daily lives, and how to help those exposed to trauma, both in the immediate and long term.</p>

## Registration

**Cost:** This training is free of charge and funded by CARES Northwest.

**Audience:** Priority will be given to professionals from our 14-county region associated with county multi-disciplinary teams (MDTs) and/or child abuse intervention centers. Space is limited to 120 attendees. Professionals from MDTs outside our 14-county region are welcome to register and will be confirmed as space permits.

**Registration:** All registration is online. Each attendee must register individually. Please click on the following link to complete your registration: <https://www.surveymonkey.com/r/JMJZVD6>

**Confirmation:** Registration is not finalized until you receive an email confirmation notice.

**Questions:** Contact Shannon Conover, CARES Northwest, 503-276-9016, [sjcampbe@lhs.org](mailto:sjcampbe@lhs.org)

**Continuing Education Credits:** Applications have been submitted to the National Association of Social Workers (NASW), Legacy CME and DPSST for continuing education credits.

**Legacy Health is accredited by the Oregon Medical Association to provide continuing medical education for physicians.**