

ADDRESSING VICARIOUS TRAUMA ON YOUR MDT

A recurring online guided discussion group for building resiliency within the MDT

Begins January 8, 2019

TARGET AUDIENCE

Active Oregon Child Abuse MDT or Child Fatality Review Team members with foundational knowledge about vicarious trauma and its impact.

DESCRIPTION

This group will promote resilience and provide support to members of child abuse multidisciplinary teams (MDTs). The topic of vicarious trauma and resiliency is one that most professionals in this field agree impacts our work; however, because of the nature of our work and the overwhelming complexity of the issue, it often gets pushed to the bottom of our priority list. We will be examining the “Building Resiliency in CACs and MDTs” training curriculum that was adapted by the Michigan Chapter of the National Children’s Alliance.

This series complements training available through many local Child Abuse Intervention Centers that focuses on addressing vicarious trauma on the individual and organizational level.

BENEFIT

The health of an MDT directly impacts the services it is able to provide to children and families. A healthy MDT is one that acknowledges and addresses the impact of vicarious trauma and actively works to build resiliency.

COMMITMENT

This group will meet twice a month for 3 months via web/phone beginning January 8th of 2019.

The time commitment per month is estimated at 4 hours, which includes 15 to 30 minutes of pre-meeting work and an hour and 15 minutes for the meeting. For individual benefit as well as the benefit of the entire group, participants are strongly encouraged to participate in all six sessions. Watch for registration information to be distributed this fall through the MDT Listserv or your Local MDT Chair or Coordinator.

TECH REQUIREMENTS

These meetings will use Zoom. A computer with Internet access; access to a phone may also be necessary. For more information on how to use zoom and system requirements visit <https://support.zoom.us>



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