

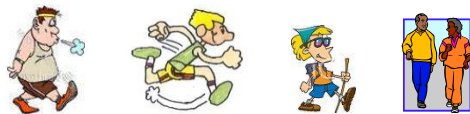


Oregon School Employee Wellness | Education Conference – **It Starts with YOU!**

AGENDA

Sunday, March 25, 2012			
6:30 – 8:00 pm	Welcoming Reception: enjoy healthy refreshments and spend time with colleagues. Don't forget to check out the wide array of wellness vendors at this year's conference.		
Monday, March 26, 2012			
7:30 am to 8:30 am	Registration		
8:30 – 10:00 am	Opening Session and Keynote <ul style="list-style-type: none">• Welcoming Address by Robert Gootee, President and Chief Executive Officer of the ODS Companies Brad Avakian, Commissioner of Oregon Bureau of Labor and Industries• Keynote – "Walking the Talk: An Invitation to Wellness" Presenter: •Ellen Essick Ph.D., Healthy Schools, North Carolina Department of Public Instruction• Presentation of the Oregon ASCD's <i>(formerly the Association for Supervision and Curriculum Development)</i> Educating the Whole Child for the 21st Century Award. The 2011-2012 recipient of the award is the Westside Village Magnet School, Bend-LaPine School District.		
10:00 am to 10:15 am	Break		
10:15 am to 11:45 am	Breakout No.1 Individual	Breakout No. 2 School	Breakout No. 3 Community
	"Oregon School Employees 151,592 Pounds Lighter, Hear the Success Stories About Weight Watchers at Schools"! Presenters: <ul style="list-style-type: none">•Denise L. Hall, Oregon Educators Benefit Board•Debbie Human and Julie Redding, Jefferson School District	"Oregon's ASCD's Whole Child Initiative and Healthy Kids Learn Better" Presenters: <ul style="list-style-type: none">•Chris Gutierrez, Oregon ASCD•Wendy Winchel, Westside Village Magnet School•Isabelle Barbour, Healthy Kids Learn Better, Oregon Public Health Division	"Creating Community Partnerships" Presenters: <ul style="list-style-type: none">•Katrina Wiest, Bend-LaPine Schools Nutrition Services•Jason Genck, Willamalane Park and Recreation District•Laura Pavlat, Springfield Public Schools•Cheri Higgins, Central School District
11:45 pm to 1:00 pm	Lunch and panel presentations featuring successful Oregon school employee wellness programs Presenters: •Wendy Simmons, Lane Community College, •Karen Wusstig, Jefferson School District Energizer led by Rachel Knox, Central Oregon Community College		
1:00 pm to 1:15 pm	Break		
1:15 PM to 2:45 PM*	Breakout No. 4 Individual	Breakout No. 5 School	Breakout No. 6 Community
<div><i>*Friends and Family Activities available for guests during the Breakout Sessions sponsored by ODS</i></div>	"Release Your Masterpiece" Presenter: <ul style="list-style-type: none">•Al Lee, Perfect Breathing	"Life Happens: Know Your Health Benefits" Presenters: <ul style="list-style-type: none">•Joan Kapowich, Oregon Educators Benefit Board,•Rebeckah Berry, Deschutes County Health Department	"Building and Sustaining Safe Routes to School" Presenter: <ul style="list-style-type: none">•Brian Potwin, Commute Options
2:45 pm to 4:00 pm	Vendor exhibits open		
4:30 pm	American Volkssport Association's Bend Walking Club led by Karen Wusstig, Jefferson School District		

Tuesday, March 27, 2012

6:30 am	<i>Fun Run and Walk with Rod</i> 		
8:30 am – 10:00 am	Breakout No. 7 Individual	Breakout No. 8 School	Breakout No. 9 Community
	"Make it Happen: Promote Physical Activity" Presenters: <ul style="list-style-type: none"> • Rachel Knox, Central Oregon Community College • Julie Ells, Port Orford School District • Wendy Simmons, Lane Community College 	"Gain Administrative Support: Make the Case for School Employee Wellness" Presenters: <ul style="list-style-type: none"> • Nora Howley, NEA Health Information Network • Rosie Pryor, Lane Community College Board of Ed • Brett Yancey, Springfield Public Schools • Barry Nemec, Baker School District 	"CATCH" Presenters: <ul style="list-style-type: none"> • Kathy Chichester, National Coordinator for the CATCH Program • Rod Hart, ODS Companies
10:00 am to 10:15 am	Break		
10:15 am – 11:45 am*	Breakout No. 10 Individual	Breakout No. 11 School	Breakout No. 12 Community
<i>*Friends and Family Activities available for guests during the Breakout Sessions sponsored by ODS</i>	"Kill the Stress before it Kills YOU!" Presenter: <ul style="list-style-type: none"> • Nora Howley, NEA Health Information Network 	"Tools for Creating a Culture of Health at School" Presenters: <ul style="list-style-type: none"> • Jake Rooks, OEA Choice Trust • Lisa Perry, Alliance for a Healthier Generation • Ginny Hicks, Retired School Administrator • Brett Yancey, Springfield Public Schools • Barry Nemec, Baker School District 	"Farm to School: Connecting Students and Schools with healthy, local food!" Presenters: <ul style="list-style-type: none"> • Megan Kemple, National Farm to School Network • Sarah Sullivan, Abernethy Elementary School • Kori McVeety, Oregon Department of Education • Erin Whitlock, Oregon Education Association
11:45 am to 1:00 pm	Celebration lunch with closing remarks by Gail Rasmussen, OEA President <ul style="list-style-type: none"> • Certificate of Attendance will be available at this time • Drawing for iPad 		
1:30 pm to 3:30 pm	<i>Bike in Bend with Brian</i> 