

Email to: OEGB Members (oebbmembers@listsmart.osl.state.or.us)

Target Date To Be Sent: Thursday, October 24, 2013

Subject: Member Emails Going Out This Week

Body:

Dear OEGB Member –

Just a quick reminder that you can now register for the team-based worksite wellness program, **Healthy Team Healthy U**. You don't have to participate in OEGB's Healthy Futures program to join Healthy Team Healthy U, but it is a fun way to satisfy **BOTH** of your wellness actions under Healthy Futures. **Healthy Team Healthy U is available at NO COST to all primary subscribers on an OEGB medical plan!**

You can learn more about this fun, evidence-based wellness program by watching the short, informative video on their website:

WWW.OEGBWELLNESS.COM

(You can register for the program there, too!)

Or you can read more about it and watch testimonials from past participants with this interactive PDF:

www.oregon.gov/oha/oebb/docs/2013/HTHU_flyer.pdf

More questions? You can call the creators and experts on HTHU at 1-855-483-2667 or send an email to: info@odysseyscience.com.

Sign up now to join and/or form your own team!

Jackie Cowsill
Communications Coordinator
Oregon Educators Benefit Board