

January 15, 2014

1225 Ferry Street SE, Suite B
Salem, OR 97301-4281
Toll-free (Benefits) 888-469-6322
E-mail: oebb.benefits@state.or.us

[First Name] [Last Name]
[Address Line 1]
[Address Line 2]
[City], [State] [Zip Code]

DON'T MISS OUT -- FINANCIAL AND PERSONAL REWARDS WITH HEALTHY FUTURES

Dear [First Name]:

Electing to participate in Healthy Futures is the first step on the road to financial reward* in 2014-15. As of January 7, our records show you and your [relationship] have not yet elected to participate.

But it's not too late! You and your [relationship] can still choose to participate in Healthy Futures for 2013-14 and receive your financial reward in 2014-15. You still have until March 31, 2014 to log in to the MyOEBB system at <https://myoebb.org/oebb/lpb.main> and change both your and your [relationship]'s Healthy Futures elections to "YES". You might be surprised at how easy and fun it can be, and the financial savings aren't bad either!

One important detail -- **both** you and your [relationship] need to complete each of the program steps by their associated deadlines in order to satisfy the program requirements. If one of you completes the requirements but the other does not, your family as a whole will not have completed the requirements and no reward will be received.

If you and your [relationship] encourage and support each other to complete the simple steps below, you can and will succeed together!

Step 1: Choose to participate by March 31, 2014.

Log in to <https://myoebb.org/oebb/lpb.main> or contact the benefits department of your employing entity to update your and your [relationship]'s Healthy Futures elections to "YES".

Step 2: Complete your medical carrier's Health Assessment by May 31, 2014.

You and your [relationship] will each need to complete the Health Assessment on your medical carrier's website. It only takes about 20 minutes.

- Kaiser members go to: kp.org -- Log into your Kaiser account, or register for a new account, then click on My Health Manager and choose "My medical record", then click on "Total Health Assessment" in the lower left-hand corner of the screen
- Moda Health/ODS members go to: modahealth.com/oebb -- Log into your myModa account (same as your former myODS account), or register for a new account, then click "Health Risk Assessment (HRA)"

Step 3: Take two healthy actions by August 15, 2014.

You and your [relationship] will each need to take two wellness actions specific to your own individual health risks, which may be the same or different from each other. If weight is a risk, one action must address that risk. If tobacco use is a risk, one action must address that risk. If these aren't risks for you, your actions should address other risks identified in your Health Assessment. Or if you're one of those few people who have no health risks, select a couple of healthy activities to participate in so you can maintain your good health. Still not sure what activities to participate in? Visit our website at the link listed below for fun, free and easy healthy actions.

Step 4: Report your actions in the MyOEBB system during 2014 Open Enrollment

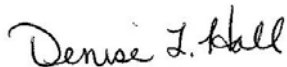
During the 2014 Open Enrollment period, you will indicate in the MyOEBB system the actions you and your [relationship] took. You and your family will receive the incentivized reward on your 2014-15 medical plan!

You can find more information about Healthy Futures on the OEBB website:

<http://www.oregon.gov/oha/OEBB/Pages/HealthyFutures.aspx>. If you have further questions, you can call OEBB Member Services at 888-469-6322 or you can send an email to: oebb.benefits@state.or.us.

We hope you take advantage of this opportunity for improved health and financial rewards!

Sincerely,



Denise L. Hall
OEBB Deputy Administrator

**Members who complete the Healthy Futures participation requirements during the 2013-14 plan year will receive \$100 lower deductible on their medical plan for the 2014-15 plan year. Members enrolled in Kaiser Medical Plan 1 (the only OEBB plan without a deductible) for the 2014-15 plan year will receive a financially equivalent reward through reduced copays on certain services.*