



HEALTH CARE PROGRAMS
Oregon Educators Benefit Board

John A. Kitzhaber, MD, Governor



November 20, 2014

1225 Ferry Street SE, Suite B
Salem, OR 97301-4281
Toll-free (Benefits) 888-469-6322
Email: oebb.benefits@oregon.gov

[First] [Last]
[Address 1]
[Address 2]
[City], [State] [Zip]

Dear [First]:

Would you like to be entered into a drawing to win \$500? All you need to do is complete your Health Assessment through the Kaiser Permanente website.

That's right! Kaiser Permanente and OEBB are giving away five \$500 gift cards to OEBB members who complete their online health assessment by December 31, 2014. If you've already completed this health assessment (on or after June 1, 2014), congratulations! You will be automatically entered into the drawing and may receive a \$500 pre-paid Visa gift card. *Note that if you completed a health assessment prior to June 1, 2014, you will need to complete another one in order to earn entry into this drawing.*

If you have not completed a health assessment on or after June 1, 2014, here's how easy it is to enter:

Just go to the health assessment page of the Kaiser website <http://kp.org/tha> and click "**Start a Total Health Assessment now.**" Log in to your account, or click "Register now" to create an account if you don't have one yet. *To create an account you will need your Member ID that is listed on your Kaiser Permanente medical card.* Once you're logged in, click on "Total Health Assessment" (look for the yellow sunflower at the top of the page) and begin completing the assessment questions.

DO YOU HAVE A SPOUSE/PARTNER COVERED ON YOUR MEDICAL PLAN?

If so, they can also enter the drawing by completing their own health assessment*. They will need to log in separately using their individual account. If they need to create a new kp.org account, they should use their own specific HRN (health record number), not yours.

Kaiser also has step-by-step instructions posted online at:

www.oregon.gov/oha/OEBB/docs/GuidesInstructions/KP_HAinfo.pdf. Please remember that the information you provide in the online health assessment is protected by law and will be kept confidential and secure. We take this issue very seriously and neither OEBB nor your employer will ever have access to your personal health information.

If you need further assistance logging in or have questions about the health assessment, call 800-813-2000 and a Kaiser Permanente Customer Service Representative will be happy to assist you.

We hope you'll take advantage of this opportunity to learn about your health status, qualify for the \$500 drawing, and most of all embrace a healthy future.

Sincerely,

Denise L. Hall
OEBB Deputy Administrator

*If you cover a spouse or domestic partner on your medical plan, and you both complete an individual health assessment by December 31, 2014, not only will you each be entered into the drawing for a \$500 gift card, but you will also be one step closer to lowering your deductible/copays for 2015-16 by completing one of the requirements of OEBB's Healthy Futures program! *Participation in Healthy Futures is not required to qualify for the drawing, but once you (and your spouse/partner if you cover one) complete your health assessment, you're halfway there!* To learn more about OEBB's Healthy Futures program and how easy it is to reduce your 2015-16 deductible/copays, visit the Healthy Futures page of the OEBB website: www.oregon.gov/oha/oebb/pages/HealthyFutures.aspx.