



Oregon Educators Benefit Board

500 Summer St NE, E-88
Salem, OR 97301-1063

Members lost 15% more weight



in their first two months on our
Beyond the Scale program vs. those
on the prior program.*

*Comparing Meetings members who weighed in two months after
starting the program versus the same time period in the prior year.

Your well-being
is our priority

Did you know?

Weight Watchers
is fully covered by your
OEBB medical plan at
NO COST to you!

(details inside)



weightwatchers

Don't lose momentum,
Keep going!



With Weight Watchers Beyond the Scale, you
get to live your life *and* lose weight.

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(details inside)

weightwatchers



OEBB offers a weight management benefit to help you achieve your weight-loss goals and improve your overall health. OEBB's Medical Plans cover Weight Watchers® Meetings and Online at **NO COST** to you. There's no better time to get on the path to a healthy lifestyle!



Choose an offering that best suits *your specific lifestyle and preference.*

1 Weight Watchers Local Meeting vouchers*

Local Meeting vouchers offer the flexibility of attending Weight Watchers meetings in your community when and where it suits you best. To order the 13-week series vouchers, call **866-531-8170**.

If you live in Lane, Douglas, Coos, Curry, Josephine, Jackson or Klamath County call **800-651-6000** to request your initial meeting vouchers.

2 Weight Watchers At Work meetings**

At Work meetings bring the Weight Watchers experience right to your workplace where a trained Leader facilitates weekly meetings, and you can benefit from the proven advantage of group support from co-workers.

If you have at least 8 associates interested in an At Work meeting call **800-8-AT WORK** and talk to a local At Work manager about setting up a meeting.

If you live in Lane, Douglas, Coos, Curry, Josephine, Jackson or Klamath County and have at least 8 associates interested in an At-Work meeting call **800-651-6000** to set up a meeting.

3 OnlinePlus subscription

With an online subscription you can follow the Weight Watchers plan step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience.

To sign up for Weight Watchers OnlinePlus call 866-531-8170 and get your promotion code, then:

1. Visit the Weight Watchers OnlinePlus sign-up page:
www.weightwatchers.com/getonlineplus
2. Go to Weight Watchers access code and enter your special promotion code (received when you called the number above) and click **"Sign up Now!"**
3. Select the subscription length to purchase (3 month).
4. Follow remaining sign-up instructions for setting up your account.
No Credit Card Required

To sign up, enter your promotion code in the entry box below. You'll only need to use it once.

Weight Watchers access code

Join us for a
special webinar!

May 23rd:

webinar.weightwatchers.com/OEBB1

May 25th:

webinar.weightwatchers.com/OEBB2

Register Now!

*Available only in participating areas in the U.S.

** Available only in participating areas in the U.S. Minimum enrollment required.

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