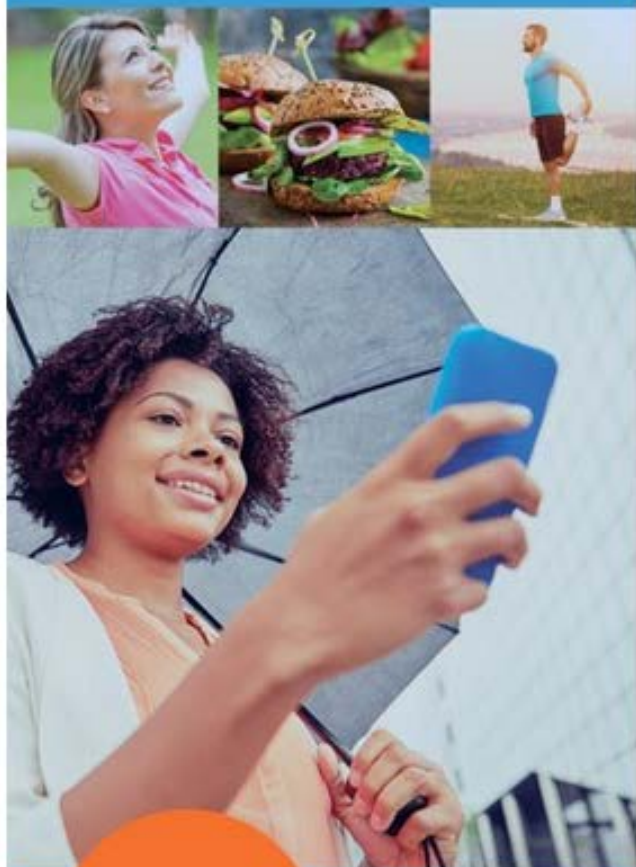




Webinar Invitation



Members
lost 15% more
weight

in their first two
months on our
Beyond the Scale
program vs. those on
the prior program.*

*Comparing Meetings members who weighed in two months after starting program versus the same time period in the prior year.

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A Weight Watchers® Experience

During this Webinar, Weight Watchers experts will take you through a guided tour of the Weight Watchers Beyond the Scale Program, including these topics:

- **How to Eat Better, Move More, and Shift Mindset**
- **Our SmartPoints™ food plan**
- **Digital and Mobile Tools**

Get behind the scenes, interact with our experts and ask questions in this engaging setting.

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Weight Watchers for OEBB Members

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Tuesday, May 23rd at 11AM PDT
webinar.weightwatchers.com/OEBB1

or

REGISTER FOR SESSION #2

Thursday, May 25th at 12PM PDT
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Questions? Call OEBB Member Services at 888-469-6322 or email: oebb.benefits@state.or.us

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