

2014 Healthy Communities Speaker Series Presents



# James F. Sallis

Professor of Family & Preventive Medicine at  
University of California - San Diego and Director of Active Living Research

Wednesday  
Oct. 8, 2014

6:30-8:00 p.m.: Lecture & Discussion

(Doors Open: 6:00 p.m.)

Willamette University Law Building

John C. Paulus Great Hall

245 Winter St., S.E., Salem 97301

Expert to Speak on Rx for Better Health: Walking, Biking, Moving



62% of Oregon's population is overweight or obese. Obesity-related illnesses cost the state about \$1.6 billion a year in health care costs. Join us on Wed., Oct. 8, to hear a national expert discuss how community design, land use, and transportation policies can enable us to be more physically active – and, in turn, healthier throughout our lives.

For more information, contact [angela.lazarean@state.or.us](mailto:angela.lazarean@state.or.us)

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