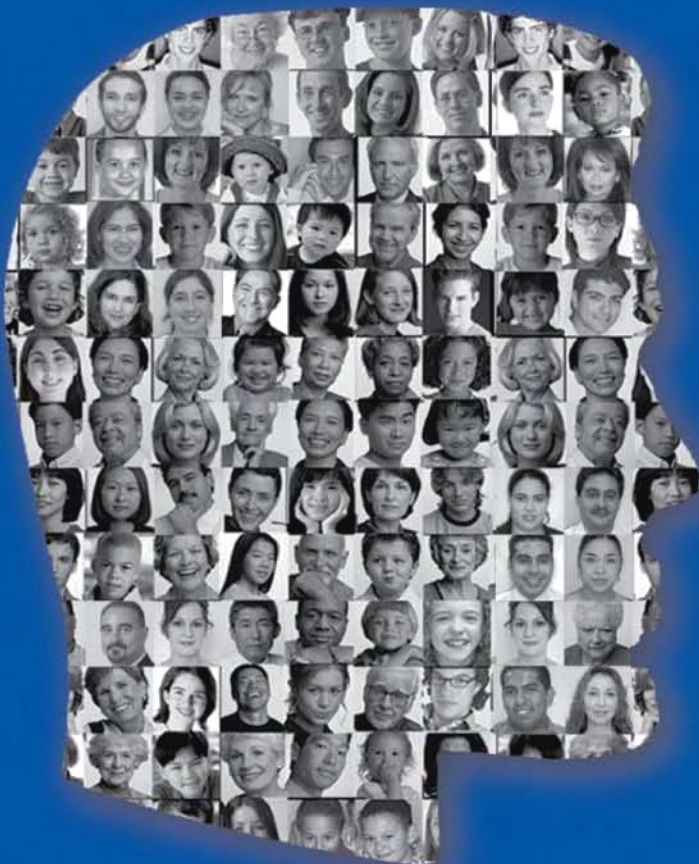


# DIABETES AND ITS CONSEQUENCES

## 5TH ANNUAL DIABETES CONFERENCE



### FACES OF DIABETES

Friday, October 17, 2008

Wyndham El Paso Airport

2027 Airway Blvd.

El Paso, TX 79925



EL PASO DIABETES ASSOCIATION



SIERRA PROVIDENCE  
HEALTH NETWORK



Thomason Hospital  
Nursing Support Services

# AGENDA

## TARGET AUDIENCE

Physicians, Nurses, Nurse Practitioners, Certified Diabetes Educators, Physician's Assistants, Pharmacists, Health Educators, Social Workers, Registered Dietitians, CHES, Health Promoters, and other providers involved in the care and treatment of patients with diabetes.

## PURPOSE AND CONTENT

5<sup>th</sup> Annual Faces of Diabetes Conference: *Diabetes and Its Consequences*. We aim to provide a one-day conference on the treatment, management, and current research related to diabetes. The information being provided will help diabetes care providers and educators with the management of diabetes and its complications.

- 7:00 a.m. Registration / Continental Breakfast / Visit Exhibitors
- 7:50 a.m. Welcome and Opening remarks / Housekeeping Guidelines  
Moderator: Henry Brutus, Jr.
- 8:00 a.m. **Management of Psychiatric Disorders Associated with Diabetes**  
– Eduardo A. Colon, MD
- Discuss current treatment modalities for managing eating disorders in patients with diabetes.
  - Explain the impact and management of psychiatric disorders associated with the patient with diabetes.
- 9:00 a.m. **TrialNet (Type 1 Research)** – Philip Raskin, MD
- Describe the TrialNet research study.
  - Analyze evidence based outcomes that relate to research of patients with a family history of type 1 diabetes.
  - Discuss the significant research findings of TrialNet related to the hereditary incidence of type 1 diabetes.
- 10:00 a.m. Break / Visit Exhibitors
- 10:20 a.m. **Empowering Patients for Behavior Change: Compliance Issues Regarding Type 2 Diabetes Management** – Virginia Valentine, CNS, BC-ADM, CDE
- List the American Association of Diabetes Educators (AADE) Seven Self-care Behaviors.
  - List factors that affect compliance with the regimen.
  - Relate an understanding of the impact of caregiver rapport and client choice on compliance.
  - Describe strategies and teaching tools that engage the patient in self-care behaviors.
- 11:20 a.m. **Question/Answer Panel** – Dr. Colon and Ms. Valentine  
Participate in question/answer period.
- 11:50 p.m. Lunch / Moderator: Henry Brutus, Jr.
- 12:50 p.m. **Sleep Apnea in the Person with Diabetes** – Gonzalo Diaz, MD, FCCP, DBSM
- Identify current research and trends linking sleep apnea and diabetes.
  - Discuss approaches for managing sleep apnea in patients with diabetes.
- 1:50 p.m. **Management of Renal Nephropathy in Patients with Diabetes**  
– German T. Hernandez, MD
- Discuss strategies for diagnosing and managing patients with diabetic nephropathy.
- 2:50 p.m. **Announcement of Student Poster Winners**

2:55 p.m.	Break
3:15 p.m.	<b><i>Sexual Dysfunction in the Person with Diabetes</i></b> – Murray M. Vann, MD • Describe current treatment options for the person with diabetes experiencing sexual dysfunction.
4:15 p.m.	<b><i>Question/Answer Panel</i></b> – Dr. Diaz, Dr. Hernandez, and Dr. Vann Participate in question/answer period.
4:45 p.m.	Conference Evaluation
5:00 p.m.	Adjournment

## ACCREDITATION

### Physicians:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA). Sierra Providence Health Network is accredited by TMA to provide continuing medical education for physicians.

Sierra Providence Health Network designates this educational activity for a maximum of 7.0 American Medical Association Physician's Recognition Award Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Nursing:

Thomason Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This course has been approved for 7.25 contact hours. In order to receive contact hours for this program, nurses must arrive on time and complete an evaluation form.

### Pharmacy:

The Texas Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 6.0 contact hours (0.6 CEUs) of continuing pharmaceutical education for pharmacists and technicians, respectively. To receive a Statement of Participation, a program evaluation form must be completed and turned in at the end of the program.

### CHES:

An application has been submitted the Paso del Norte Society of Public Health Education to award up to 7.0 Continuing Education Contact Hours (CECH) for certified health education specialists (CHES). SOPHE, including its chapters, is a designated multiple event provider of CECHs by the National Commission for Health Education Credentialing.

## REGISTRATION POLICY

### (Please Read Carefully)

The registration fee for the conference includes materials, continental breakfast, and lunch the day of the event. You must be registered and paid by September 29, 2008 to receive the discounted price. **Pre-registration is strongly encouraged.** Door / Walk-in registrations will not be guaranteed a CD-ROM and lunch may be on your own. Please do not fax or mail your registration to be received after September 29, 2008. Registrations after September 29 will be taken at the door only. All cancellations must be made in writing and will be charged a \$50.00 processing fee up to September 29, 2008. After this date, absolutely no refunds.

## LOCATION & GUIDELINES

The conference will be held at the **Wyndham El Paso Airport Hotel, 2027 Airway Blvd.** For hotel accommodations you may call the hotel directly at 915-778-4241 or toll free at 1-877-999-3223. Dress is business casual. All functions are non-smoking. Please set cell phones and pagers to silent or vibrate mode in the conference room. Parking is limited and is the sole responsibility of the attendee. Please make all necessary arrangements to ensure timely arrival.

The conference planning committee reserves the right to cancel this activity or substitute faculty in the event of unforeseen or extenuating circumstances. Faculty conflict of interest statements are on file with the Sierra Providence Health Network CME office and will be provided in the conference CD-ROM.

Our conference wants to provide individuals who have disabilities the appropriate services necessary to participate in this conference. If you need any auxiliary aids or services, please make your request to the CME office at least 48 hours prior to the conference by calling 915-577-6106.

We recommend you bring a light jacket or sweater, as the conference room temperature is difficult to regulate. **Please, no children allowed.**



## CALL FOR PARTICIPANTS



The El Paso Diabetes Association invites your participation in an Abstract/Poster Contest for the 5th Annual Faces of Diabetes Conference.

**Theme: *Diabetes and Its Consequences***

**First Place: \$250 • Second Place: \$150 • Third Place: \$75**

- A total of 20 posters will be accepted in the competition and displayed at the 5th Annual Faces of Diabetes Conference.
- Participation is free. Participants must be in a current research or educational program related to diabetes.
- Abstract deadline is September 1, 2008.
- For Abstract Requirements and Poster Requirements call 915-747-8507.
- Posters will be viewed from 8:00 am – 3:30 pm and judging will be at 12:00 pm during lunch the day of the conference.
- All presenters must be present to win and to answer questions.

Send Abstract to:  
Dr. Hector Balcazar,  
Regional Dean UT School of Public Health  
1100 N. Stanton, Suite 100  
El Paso, Texas 79902.



EL PASO DIABETES ASSOCIATION

# FACULTY

**Eduardo A. Colon, MD**

Vice-Chief Department of Psychiatry  
Hennepin County Medical Center  
Minneapolis, Minnesota

**Gonzalo Diaz, MD, FCCP, DBSM**

Sleep Disorders, Pulmonary Medicine,  
Intensive Care Medicine  
El Paso Sleep Center  
El Paso, Texas

**German T. Hernandez, MD, FASN**

Assistant Professor of Medicine  
Division of Nephrology and Hypertension  
Paul L. Foster School of Medicine  
Texas Tech University Health Science Center  
El Paso, Texas

**Philip Raskin, MD**

Professor of Medicine  
Clifton and Betsy Robinson Chair  
in Biomedical Research  
University of Texas Southwestern  
Medical Center  
Dallas, Texas

**Virginia Valentine CNS, BC-ADM, CDE**

Chief Executive Officer  
Diabetes Network, Inc.  
Albuquerque, New Mexico

**Murray M. Vann, MD**

Urological Surgery  
El Paso, Texas

# PLANNING COMMITTEE

**Elvira Adame, RN, CDE**

Sierra Providence Health Network

**Hector Balcazar, PhD**

UT School of Public Health  
El Paso Regional Campus

**Ivonne Belmontes, RNC, SANE**

William Beaumont Army Medical Center

**Lorrie Bourgoin, MSN, RN, BC**

Manager, Nursing Support Services  
Thomason Hospital

**Tamis Bright, MD**

Texas Tech University Health Sciences  
Center El Paso  
President, El Paso Diabetes Association

**Henry Brutus, Jr., MS**

CEO, El Paso Diabetes Association

**Leslie Cotter**

El Paso Diabetes Association

**Mary Ann Dow, RN**

Administrative Director, Education  
Sierra Providence Health Network

**Pam Emmert, BSM**

Assistant Director, CME/Medical Library  
Sierra Providence Health Network

**Rachel Goodman-Onopa, MSN, RN, BC, CDE**

Joint Faculty/Nurse Clinician  
Sierra Providence Health Network

**Mario R. Hernandez, M.Ed., CHES**

City of El Paso-Department of Public Health

**Moses Priego, BSN, RN, CDE**

Patient Educator, Nursing Support Services  
Thomason Hospital

**Rosalba Ruiz-Reyes, MD, MPH**

Pan American Health Organization

**Jesusita Silva, LVN**

Diabetes Educator  
William Beaumont Army Medical Center

**Maumi Villarreal, MS, RPH, CDE**

Physicians Hospital East  
El Paso Area Society of Hospital Pharmacists

# 5<sup>TH</sup> ANNUAL DIABETES CONFERENCE 2008

Wyndham El Paso Airport Hotel, 2027 Airway Blvd, El Paso, Texas 79925

## REGISTER EARLY AND SAVE

### REGISTRATION FEES

**MD / NP / PA** \$ 160.00

**Retired MD / RN / LVN  
Pharmacist / Dietician / AHP** \$ 80.00

**Resident  
Social Worker / CHES  
Certified Pharm Tech  
Foreign MD** \$ 40.00

**Promotora** \$ 25.00

**Students (w/ID)**  
No credit awarded

**Save \$35.00** if registration is received  
by September 29, 2008

### LATE REGISTRATION / WALK-INS

**MD / NP / PA** \$ 195.00

**Retired MD / RN / LVN  
Pharmacist / Dietician / AHP** \$ 115.00

**Resident  
Social Worker / CHES  
Certified Pharm Tech  
Foreign MD** \$ 75.00

**Promotora** \$ 60.00

**Students (w/ID)**  
No credit awarded

Please do not fax or mail your registration to  
be received after September 29, 2008.  
Registration after September 29 will be taken  
at the door only. See registration policy.

### WE WOULD LIKE TO THANK THE FOLLOWING COMPANIES

for their generous contributions in support of this conference:

**ELI LILLY • MERCK • MCCRORY'S PHARMACY**

**NOVO NORDISK • PFIZER • TAKEDA**

**TRICORE REFERENCE LABORATORIES • HOME DIAGNOSTICS**



THE UNIVERSITY of TEXAS  
SCHOOL OF PUBLIC HEALTH  
EL PASO REGIONAL CAMPUS



William Beaumont  
Army Medical Center

East El Paso Physicians  
MEDICAL CENTER

Supporters of this conference that submit their participation confirmation after distribution of this brochure will be acknowledged in the conference handout.

Any display and/or giving of free advertising materials at this activity by a corporate supporter does not constitute endorsement by the ANCC, TNA, SPHN, or TMA. Any materials not yet approved by the Federal Drug Administration (FDA) should be labeled with the appropriate disclosure statement or a statement should be posted.

# REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Title/ Professional Specialty: \_\_\_\_\_

Employer: \_\_\_\_\_

Department: \_\_\_\_\_

Business Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**Detach this form, include your payment and mail to:**

**El Paso Diabetes Association**

Atn: Conference Registration

2101 N. Oregon Street, E Paso, TX 79902

Registration may be faxed (with credit card payment) to 915-598-3732

To receive the discounted registration price, registration and payment must be received by Sept. 29.

Please do not fax or mail your registration to be received after September 29, 2008.

Registrations after September 29, 2008 will be taken at the door only.

**Make checks payable to: El Paso Diabetes Association**

Amount enclosed \$ \_\_\_\_\_ *US currency only*

**I authorize EPDA to charge:**

AMEX

MC

VISA

DISCOVER

**Credit card account no.** \_\_\_\_\_

**Name as it appears on credit card** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_

**Amount Authorized \$** \_\_\_\_\_

I understand my billing statement will read: **El Paso Diabetes Association**

**Signature X** \_\_\_\_\_

The registration fee for the conference includes materials, continental breakfast, and lunch the day of the event if registered by September 29, 2008. All cancellations must be made in writing and must be received on or before September 29, 2008 in order to obtain a refund, less a \$50.00 processing fee. After this date absolutely no refunds.

El Paso Diabetes Association  
2101 N. Oregon St.  
El Paso, Texas 79902



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SIERRA PROVIDENCE  
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**Thomason Hospital**  
*Nursing Support Services*