***Chronic Pain Self-Management Leader Training***

Sponsored by

Northwest Senior & Disability Services (NWSDS)

NWSDS is proud to announce a free **leader training** in the Stanford model of chronic pain self-management patient education. These classes will prepare individuals to facilitate evidence-based classes in **chronic pain self-management.**

**\***Note that if you are not currently a leader, you will be required to take the basic 4-day training in chronic condition self-management **before** being cross-trained in either chronic pain or diabetes. Master Trainers for training: **Lavinia Goto & Roberta Lippert**.

**Chronic Pain** Self-Management (CPSMP) Leader Training: This is a newly revised Chronic Pain training (2015). Anyone who was trained in the older method MUST go through this training if they wish to continue to teach this class in 2016.

Date: April 25 (1/2 day) and April 26, 2016 (full day)

April 25, 2016:

Time: 12:30pm – 5:00pm

Place: Warrenton NWSDS Office

2002 SE Azalea Ave

Warrenton, OR 97146

April 26, 2016:

Time: 8am – 4:30pm

Place: Cannon Beach City Hall

Council Chambers

Cannon Beach, OR 97110

For inquiries or questions about the application, please contact **Lavinia Goto** at **(503)304-3408 office or email:** [**Lavinia.goto@nwsds.org**](mailto:Lavinia.goto@nwsds.org)**.** Space is limited so don’t delay . Class offerings include the most current manuals and textbooks.

APPLICATION for this class is attached. Applications can be faxed to:

**FAX: (503)304-3434**

**Attention: Lavinia Goto, NWSDS**