***Chronic Disease Self-Management Leader Training***

Sponsored by

Northwest Senior & Disability Services

NWSDS is proud to announce a free **leader training** in the Stanford model of chronic disease self-management patient education. These classes will prepare individuals to facilitate evidence-based classes in **Chronic Disease Self-Management.**

Date: Jan 19, 25, 26, and Feb 2, 2018 (note time differs on day 2)

Time: - Jan 19th: 9:00 am – 4:30 pm (Friday)

* Jan 25th : 10:00 am – 5:00 pm (Thursday)
* Jan. 26th: 9:00 am – 4:30pm (Friday)
* Feb. 2nd: 9:00am – 4:30pm (Friday)

Place: Northwest Senior & Disability Services-Woodburn Office

2100 Progress Way, Woodburn, OR 97071

For inquiries or questions about the application, please contact **Lavinia** at **office 503-304-3408** **or email: lavinia.goto@nwsds.org.** Space is limited so don’t delay. Class offerings include the most current manuals and textbooks. Refreshments will be provided. Lunch is on your own.

APPLICATION for this class is attached. Applications can be scanned and sent to Lavinia via email or faxed to:

**FAX: (503) 304-3434**

**Attention: Lavinia Goto**