***Diabetes Self-Management Leader Cross-Training***

Sponsored by

Oregon Wellness Network & Comagine Health

OWN & Comagine Health are proud to announce a free **leader cross-training** in the SMRC model of diabetes self-management patient education. These classes will prepare individuals to facilitate evidence-based classes in **diabetes self-management.**

**Diabetes** Self-Management (DSMP) Leader Cross-Training: The Diabetes Self-Management cross-training is available to individuals who have completed the 2020 Chronic Disease Self-Management Program (CDSMP) Leader training or Update. Bilingual speakers (English and Spanish) may take this training in English and teach the class in Spanish (Programa de Manejo Personal de la Diabetes). If this describes your situation, let the Master trainers know so that they can have available the manuals in English and in Spanish. Participants must have completed the CDSMP 2020 Update to take this cross-training.

Date: October 14, 2022

Time: Friday: 8am-4:30pm

Place: Virtually via Zoom

Zoom Meeting IDs will be issued once you are confirmed in the class. Please get your applications in early in order to save your spot. Class max is 15 people.

**\***Note that if you are not currently a leader, you will be required to take the basic 4-day training in Chronic Disease Self-Management (CDSMP 2020) **before** being cross-trained in diabetes.

Master Trainers are: **Lavinia Goto.**

For inquiries or questions about the application, please contact **Lavinia** at **cell # (503)602-8384 or email: Lavinia.Goto@nwsds.org.** Space is limited so don’t delay. Class offerings include the most current manuals and textbooks (if you don’t already have).

APPLICATION for this class is attached. Applications can be scanned and sent to [health.promotion@nwsds.org](mailto:health.promotion@nwsds.org) or faxed to:

**FAX: (503)304-3465 ATTN: Karen**