

# Free **DTTAC Live Webinar**

National DPP Advanced Coach Training (ACT)\*  
sponsored by the Oregon Wellness Network

## Charge Up the Change: Tools and Strategies to Support Participant Behavior Change



**Live Webinar on  
Thursday, November 7<sup>th</sup> 2024,  
10:00am-12:00pm Pacific Time**

Self-monitoring, action planning, and problem-solving combined with key facilitation approaches are examples of tools and strategies lifestyle coaches use to support and empower participants as they work towards their diabetes prevention goals. In this webinar, facilitators will discuss and practice these strategies and how lifestyle coaches can optimize their use in support of participants' change process.

This webinar will be held live on Thursday, November 7<sup>th</sup>, 2024 from 10:00am – 12:00pm Pacific Time. If a registrant is unable to attend the live event, a webinar recording will be sent to all registrants. This course must be completed 3 weeks (21 days) after the live event to receive a certificate of completion.

**Register Here**

### How to Register

- Click the link to "[register here](#)".
- 🔒 Create a profile or sign in.  
If you do NOT see the learning series upon login, select "Catalog" from the top left 'Dashboard' dropdown menu.
- 📌 Click the enroll button.  
You will receive an email with a calendar hold for the event. Check junk mail. Add this to your schedule.
- 📅 Prior to the event, download the handout. After the live webinar, complete the anonymous evaluation and survey to receive your certificate of completion!



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*\*This event qualifies as **Advanced Coach Training (ACT)** now required under CDC DPRP Standards. Contact [dttac@emory.edu](mailto:dttac@emory.edu) with questions.*