



October 9, 2025

H.R.1 Implementation Updates

Federally required changes to SNAP eligibility begin Oct. 1, 2025. These changes will affect three main groups of SNAP participants: households receiving utility assistance, able-bodied adults ages 18 through 64 with no children under age 14 in their SNAP group, and certain lawfully present immigrants. The changes won't happen to everyone at once — they will roll out over the next year.

- [News release](#)
- [Talking points](#)
- [Frequently asked questions](#)

People will be notified as we make changes.

- Email communication went out to community partners last week with HR1 updates; we will continue to update partners as information becomes available.
- Text messages and notices will be sent around October 15th to individuals whose benefits will be impacted beginning November 1

Additional Resources

- Stay connected by visiting the [ODHS Federal Updates website](#).
- Join the Forward Together Oregon Webinars
 - Next Webinar is scheduled for Tuesday, November 18 at 10am
 - [Registration Link](#)
- Join the monthly [SSP Partner Meeting](#) and [SNAP Partner Meeting](#) for updated information as it becomes available.
- Provide questions and feedback to us at feedback@odhs.oregon.gov

Additional Resources

Encourage individuals to access information through the following resources:

Sign up for [news alerts](#) from ODHS

Follow ODHS on [social media](#)

Visit the ODHS [website](#)

Additional Community Resources:

[Oregon Food Bank.org](#)

[211](#)

[ODHS Food Resources](#)